

Football Training

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Highfields Centre

Come and join us every Saturday morning

9am - 10am 8 - 11 year old

10am - 11am 5 - 8 year old

Cost for session is £1.00

Learn about:

- Football Rules

- Team Work

- Passing

- Shooting

- Heading

- Ball Control

- Positive Attitude & Behaviour

- Small Sided Games

- Communication

- Keeping Fit

- Making New Friends

- Learn to be Healthy

- And Loads More.....



Session Conducted by Qualified Coaches For more information contact Jay or Jeff on 0116 2531053